## The Kofice Pot

2022 Allergen guide

## Breakfast Allergens

## DISHES AND THEIR ALLERGEN CONTENT

(Note - Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)


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| Plant MancMuffin | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{gathered} \text { Sesame } \\ \text { seeds } \end{gathered}$ | Soya | Sulphur dioxide |
| Veg Sausage Patty |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Tofu Scramble |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  | $\sqrt{ }$ |  |
| Potato Rosti |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bloody Mary Ketchup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pickle |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Brioche Bun |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Broche Bun |  | $/$ |  |  |  |  |  |  |  |  |  |  |  |  |
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| Reuben Benedict | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur dioxide |
| Salt Beef |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poached Eggs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hollandaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Swiss Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pickle Relish |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Paprika |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cress |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| English Muffin |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DISHES | 左 |  |  | $\infty$ | 血部 |  |  |  | $\square$ |  | $\stackrel{O}{0 \cdot 6}$ |  | $0_{0}^{88}$ | $\int_{\text {me }}$ |
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| Veggie Benedict | Celery | Cereals containing gluten＊＊ | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts＊ | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur dioxide |
| Forest Mushroom |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poached Eggs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| English Muffin |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Hollandaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cress |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Sides

## DISHES AND THEIR ALLERGEN CONTENT

(Note - Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

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| Jalapeno Poppers | Celery | $\begin{gathered} \text { Cereals } \\ \text { containg } \\ \text { cotutent } \end{gathered}$ | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{gathered} \text { Sesame } \\ \text { seeds } \end{gathered}$ | Soya | Sulphur dioxide |
| Jalapeno Poppers |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| Chipotle Ketchup |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
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| Potato Rosti | celery | $\begin{aligned} & \text { Cereals } \\ & \text { containing } \\ & \text { gluten** } \end{aligned}$ | Crustaceans | Eggs | Fish | Lupin | Mik | Moluses | Mustard | Nuts ${ }^{\text {b }}$ | Peanuts | $\underset{\substack{\text { Seame } \\ \text { seeds }}}{\text { cos }}$ | Soya | Sulthur |
| Potato Rosti |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Taco Truck Fries | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur dioxide |
| Fries |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chipotle Mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Red Salsa |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Gluten Free

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| DISHES | 共 |  |  | $5$ | $0$ |  |  |  |  |  | $\stackrel{O}{0 \cdot 6}$ |  | $\underbrace{88}_{0}$ | $\underbrace{2}$ |
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| Reuben Benedict | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur dioxide |
| Salt Beef |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poached Eggs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hollandaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Swiss Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pickle Relish |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Paprika |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cress |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Salmon Benedict | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur dioxide |
| Smoked salmon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poached Egg |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hollandaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lemon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cress |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Veggie Benedict | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur dioxide |
| Forest Mushroom |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poached Eggs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hollandaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cress |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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